

# Services

In order to be responsive to the wide range of needs of clients, Community Youth Network offers a variety of service modalities. The staff works closely with clients to determine the appropriate services that would best impact a particular problem or situation. The following are some of the numerous services provided by Community Youth Network:

**Children, Individual, Couples and Family Therapy**

**Sexually Abused Youth and Adults**

**Abuse Victim Trauma Assessments**

**Play Therapy**

**Substance Abuse Treatment**

**Outreach Based Youth and Family Counseling**

**Youth and Adult Group Therapy**

**Case Management Services**

**Police and Court Diversion Services**

**Anger Management**

**Family Educational Groups**

**Professional and Community Education & Training**

**Eye Movement Desensitization and Reprocessing (EMDR)**

## FEES

Counseling fees have been set at a reasonable level and may be adjusted on a sliding scale based upon eligibility.

We accept:

- Insurance
- Cash
- MasterCard
- Visa
- Checks

## HOURS

Monday - Thursday  
9:00 AM - 9:00 PM

Friday  
9:00 AM - 5:00 PM

Saturday  
By appointment

## LOCATION

18640 W. Belvidere Rd.  
Grayslake, Illinois 60030

## CONTACT INFORMATION

**Phone:** 847-548-6000

**Fax:** 847-548-6040

**Website:** [www.cyngrayslake.org](http://www.cyngrayslake.org)



A Non-Profit Counseling Center  
Serving Children, Individuals, Couples  
and Families Since 1978



*To preserve and  
strengthen families*



*while protecting  
children from*



*abusive or  
high risk situations.*

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# Programs

## General Counseling

CYN provides an array of services to those in need. We have the flexibility to work with a client(s) to structure a treatment plan that best addresses their self reported needs. This can be done through several modalities of treatment such as individual, family and couples therapy.

## Comprehensive Community Based Youth Services 11-17 year olds [CCBYS]

CCBYS has a crisis intervention component in which CYN provides services to Lake County area police departments dealing with runaway and locked out youth. CYN provides five free follow-up sessions post crisis resolution and provides the opportunity for ongoing therapy services at a sliding scale fee.

## Specialized Adult Services 18+

This particular area of clinical expertise places emphasis on presenting issues of abuse (physical, sexual, emotional). A client centered approach is taken toward the development of rapport and the formulation of a treatment plan geared toward healing and overall life success.

## Specialized Youth Services 3-10

This particular area of clinical expertise places emphasis on presenting issues of abuse (physical, sexual, emotional), but is tailored to meet the client's emotional and developmental level. A client centered approach is taken toward the development of rapport and the formulation of a treatment plan geared toward healing for the client and their primary caregivers.

## SUCCEED

CYN's "SUCCEED" program is designed to meet the needs of students exhibiting behaviors that place them at risk of school failure. These include poor attendance, suspensions, expulsion and academic failure. CYN's SUCCEED program is a free, voluntary collaborative continuum of intense services developed to remove the constraints to academic success.

## Family First

An intensive case management and counseling program designed to keep at-risk families together. Families are referred by DCFS for these intensive services.

## LIFE Program

The LIFE program is an intensive 90-day program that offers both outpatient and outreach services. The program assists and supports high-risk families to lessen risk factors. The program offers a combination of counseling and case management services.

# History

Community Youth Network (CYN) is a non-profit counseling center, which serves children, individuals, couples and families. With a focus on families, CYN has developed a variety of specialized programs to serve the needs of the Northern Illinois area.

CYN was originally developed through the efforts of local and state agencies and concerned citizens in 1978. The agency was created to coordinate the services provided by multiple agencies to Lake County families and to fill the gaps identified in the local human service system.

CYN has grown over the years and currently provides services to residents of Lake, McHenry, Cook and Kenosha counties. Its community-based programs have been specifically designed, and members of the professional staff are trained to provide comprehensive social services to assist individuals and families who are experiencing difficulties in a variety of areas.

A multi-disciplinary team of dedicated, licensed psychotherapists, social workers, and counselors are available to provide the highest quality services possible to our clients.

# Giving Opportunities

If you would like to make a financial contribution, please fill out the form below and mail to the address listed. **Thank you.**

Yes, I would like to support the families and programs of CYN. Enclosed is my tax deductible contribution of:

\$1,000  \$500  \$250  \$100  \$50  Other

Please charge \$ \_\_\_\_\_ to my credit card:

Visa  MasterCard

Card # \_\_\_\_\_

Exp. Date \_\_\_\_\_

Signature \_\_\_\_\_

Name (please print) \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_

State \_\_\_\_\_ Zip \_\_\_\_\_

Please make check payable to: **CYN**

Your contribution and form can be mailed to:

CYN

18640 W. Belvidere Rd.

Grayslake, IL 60030

## Thank You For Your Gift!

### Our mission:

*To preserve and strengthen families while protecting children from abusive or high risk situations.*

